



GoPro Tips Cheat Sheet



Frames per Second (fps)
Number of frames captured in each second of video
30 – Normal
60 – Fast Action Shots
120 – Slow Motion

Field of View (FOV)
How much of the scene can be captured by the GoPro
Wide – Wide field of view captures as much of the view as possible using a fisheye effect.
Linear – Standard camera view no fisheye effect.
Narrow – Narrow view with no fisheye effect.

Voice Commands
Action Commands

| | |
|--------------------------------|------------------------|
| GoPro, Start recording | Start recording video |
| GoPro, Stop recording | Stop recording video |
| GoPro, Hilight | Add hilight tag to vid |
| GoPro, Take a photo | Take a single photo |
| GoPro, Shoot burst | Take burst photos |
| GoPro, Start time lapse | Take time lapse |
| GoPro, Stop time lapse | Stop time lapse |
| GoPro, Turn on | Turn camera on |
| GoPro, Turn off | Turn camera off |

Mode Commands

| | |
|-------------------------------|----------------------|
| GoPro, Video mode | Switch to video mode |
| GoPro, Photo mode | Switch to photo mode |
| GoPro, Time lapse mode | Switch to TL mode |

Swipe Motions
How to Navigate using the touch screen

| | |
|----------------------------------|------------------|
| Swipe Left or Right | Switch modes |
| Swipe Down from Top Edge | Open Dashboard |
| Swipe Up from Bottom Edge | Playback mode |
| Press and Hold | Exposure control |

ProTune
 Recommended “normal” settings are underlined

Bit Rate Reduces file size
Low / High

Color Adjusts color profile
GoPro / Flat

White Balance Adjust color temperature -cool/warm
Auto / 2300-6000K range / Native

ISO Light sensitivity
 100 / 200 / 400 / 800 / 1600 / 3200 / 6400

Shutter How long the shutter stays open
Auto / 1/30 – 1/2000

EV Comp Exposure comp, effects brightness
 -2.0 > 0 > +2.0

Sharpness Quality of details in image
High / Medium / Low

Raw Audio Creates separate audio file
Off / Low / Medium / High

Time Lapse
Recording for 5 minutes with 0.5 second interval results in 20 seconds of time lapse video

| Interval | Recording Time | Video Length |
|-------------|----------------|--------------|
| 0.5 seconds | 5 minutes | 20 seconds |
| 1 second | 5 minutes | 10 seconds |
| 2 seconds | 10 minutes | 10 seconds |
| 5 seconds | 1 hour | 20 seconds |
| 10 seconds | 1 hour | 10 seconds |
| 30 seconds | 5 hours | 20 seconds |
| 1 minute | 5 hours | 10 seconds |
| 2 minutes | 5 hours | 5 seconds |
| 5 minutes | 10 hours | 4 seconds |
| 30 minutes | 1 week | 10 seconds |
| 1 hour | 1 week | 5 seconds |